

A STRONG, *vibrant*, COMPASSIONATE COMMUNITY!

A word from the *General Manager...*

What a year it has been for RCS! Celebrating our 30 year milestone of servicing the communities of Central Qld, I have been able to reflect on the many successful changes for Roseberry, from very humble beginnings to the company we are today – we keep growing from strength to strength.

This year has seen our programs expand even more with the addition of the ParentsNEXT program, to our Rockhampton services and headspace Gladstone.

We are thrilled to have just announced our success in gaining state Dignity First funding, being for a Dignity Hub, in Gladstone. The hub will provide community members, or families experiencing homelessness (of any age bracket), access to free laundry for washing and drying of clothing, bathroom for shower, and kitchen-

ette for tea and coffee facilities. The hub will also be a one stop shop for community service referrals.

RCS is gearing up for a huge 2017, but until then, my staff join with me in wishing everyone a safe and happy festive season.

Great outcomes just don't happen without a considered approach. I would like to thank my Staff, Managers and Board for your part in making RCS the successful organisation that it is.



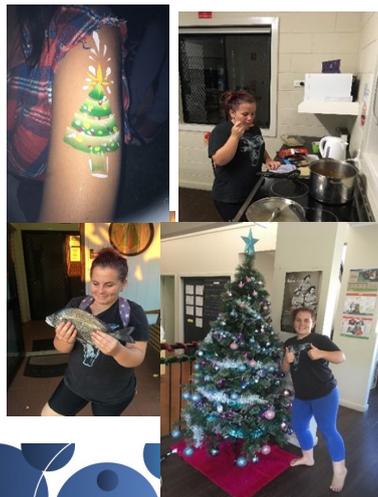
Colleen Tribe

Roseberry House & TIL Service

With the warmer weather picking up, clients are spending a lot of time participating in outdoor activities, the number one activity being fishing, followed closely by a BBQ dinner. Clients have been spending a lot of time keeping busy with studies, school, and attending Branchout.

This last couple of months in the TIL program we have had a focus on improving income and education outcomes for clients. Clients have worked with TIL support on resumes and interview preparation, with three clients becoming successful in obtaining paid work contracts. For these young people the new focus is now on how to put all those budgeting skills to the ultimate test with more disposable income at their hands from working. For these young people their positions include certificate level

studies aiding in further career development for them. Continuing the theme of study in TIL, being able to secure stable housing options over the past two months, has allowed a few of our younger clients still engaged at school to refocus on their education and successfully complete their school year and enter next year with an enthusiastic mindset.



Housing Services

We would like to thank the community for their ongoing support of Roseberry Community Services. The last few years RCS has participated in the annual Gladstone Observer Adopt-A-Family. Many people would go without at Christmas if it wasn't for the continued kindness of our community. This year we have nominated 44 families and single people for Adopt-A-Family and have been overwhelmed by the generosity.



headspace Gladstone

headspace Gladstone continues to be visited by many 12-25 year olds seeking help with their early mental health concerns. Our care pathways offer stepped care via: groups, brief intervention and longer therapy. We have also been out in the community for Mental Health Week where we had a juice bar at Picnic in the Park. We also held a safeTALK workshop which trained community members to become suicide-alert helpers. We will be running this again in 2017. For Social Inclusion Week we held a barbershop at headspace.

headspace has a sexual health clinic starting in January. 14-25yo's can visit the centre to get help with: contraception advice, testing for sexually transmitted infections and information on negotiating healthy sexual relationships. No referral is required, it is a free service and it is encouraged to make an appointment (07 4903 1921).



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Youth & Family Service

The Youth and Family Services team has had an amazing year and hope that you have too. We have been extremely busy with many new and exciting programs, support groups and youth development programs in progress. Also, we have been involved with initiatives like headspace Gladstone, the Child and Family Expo, CCRDFV events, Homeless Connect Event, Youth week, Family Week and Youth Homelessness Matters Day. The team would really like to thank the students and volunteers: Nirvana, Shannon, Stephanie, Darnae, Kylie, Trish and Maria.

We celebrate a huge achievement for three of our young people, who have completed their year 12 studies, whilst attending our Alternative Learning Space.

The YFS team are looking forward to more exciting projects in 2017, including the Homeless Connect Event, Triple P Parenting (Adolescents) seminars and groups, programs through headspace and sensory play activities. Please contact Youth and Family Services on 49728200 to find out how you can get involved.



Rockhampton Services—ParentsNext

ParentsNext Participants and their children had fun at the Mt Morgan dam. RCS ParentsNext team hosted Christmas functions for Participants at the Botanic Gardens

in Rockhampton and Conaghan Park in Gracemere. Fun activities included face painting, and balloon art with a sausage sizzle to round out the day. Participants used

the opportunity to share their thoughts on how the program is going and what sorts of things would be useful to them in their journey toward work readiness.



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